



Ruardean Church of England Primary School

Love of learning – Love of life – Love of one another

Wednesday, 24 May 2023

Dear Parents/Carers,

Relationships, Health and Sex Education

This term we will be covering our Relationship and Sex Education (RSE) across the school. The school will be split into four teaching groups: Reception, Y1/2 Y3/4 and Y5/6 for these age-appropriate lessons. The lessons contain some elements of statutory and non-statutory content.

As outlined in our Policy, we will be using resources from the PINK curriculum from Gloucestershire County Council alongside objectives and resources covered through our Twinkl Life PSHE scheme. The majority of the teaching will focus on the building of positive, safe relationships and will reinforce life skills to support this. All classes will have teaching around personal hygiene and personal responsibility. The children have an opportunity to ask questions in either year group. You may find that your child asks questions about some of the things they have discussed.

Below is a brief overview of the content covered:

Reception: will learn about humans at different stages of the life cycle. They also learn about personal responsibility and people who help us. (**statutory** content)

Year 1/2: will learn about life cycles of humans and animals and the changes that occur when we grow. They will learn about the similarities and differences of body parts. They will learn to name the main parts of the body including external genitalia (e.g. vulva, vagina, penis, testicles) (**statutory** content)

Year 3/4: will learn to identify external genitalia and internal reproductive organs in males and females. They will discuss similarities and differences between the reproductive organ. They will learn the processes of reproduction and birth as part of the human life cycle; how babies are conceived and born. (**non-statutory** content) They will discuss changes that occur as they go through puberty and the importance of personal hygiene and looking after our changing bodies (**statutory** content)

Year 5/6: will learn about the emotional and physical changes that take place during puberty. They will understand there are different relationships and learn about loving and respectful relationships. (**statutory** content) Year 6 learn about the facts of the human lifecycle (**statutory**), including sexual intercourse (**non-statutory**). They will also learn about positive body image and stereotypes.

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As part of the curriculum, we will also teach children how to keep safe from abuse. This includes lessons surrounding 'Keeping privates private'. We will be following the NSPCC resource of Let's talk about PANTS using the friendly dinosaur 'Pantosaurus'. The resource, which includes a video and links to games and further information, can be found via this link:

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/underwear-rule/>

If you have any further queries about what will be covered in these lessons, or would like to view the planning and resources, please get in touch.

Parents have the right to withdraw children from the **non-statutory** RSE lessons if they so wish, with the exception of those parts included in the National Curriculum. The DfE has developed a leaflet for parents and carers about RSE, which can be viewed [HERE](#). If you are unable to view the leaflet, please ask for a copy at the school office.

If you would like to withdraw your child from non-statutory RSE lessons, please put this in writing to the Headteacher, requesting a withdrawal form from the school office.

Yours sincerely



Mr Simon Manning
Headteacher

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